



FamTecSM
Family + Technology

Why am I completing the Active Gratitude deliverable?

Philanthropy is too often misunderstood. Many think in terms of financial donations only. Research by Stephen G. Post, PhD has shown that “giving” is so much more and comes in various forms. This deliverable will answer questions such as, what are my unique talents to offer at a philanthropic event? How can I/we best maximize the benefit of actively participating in our family’s philanthropic vision? What form(s) of gratitude am I uniquely qualified to give to other in my daily life and while actively participating in a philanthropic event?

What is the Active Gratitude deliverable?

Per the research of Stephen G. Post, there are many ways to actively give gratitude. We have identified the most common forms of gratitude people choose to give. This deliverable focuses on the type of gratitude you like to give. Your previously completed deliverable, Gratitude Defined, focused on the form of gratitude you like to receive.

How is the Active Gratitude deliverable completed?

Fifty statements will be provided and give you the opportunity to select whether you “agree”, “disagree”, “somewhat agree”, etc for each. This deliverable is designed to capture your initial response and proceed to the next statement. In the end, your individual output will provide a pie chart of the forms of gratitude you prefer to give and receive. On the Family Dashboard, your top two forms of gratitude to give will be presented.

Source: Dr. Stephen Post & Jill Neimark; “Why Good Things Happen To Good People” - 2007